Alief Montessori Community School November 2024 Lunch

Nov - 4 Nov - 5 Chicken Nuggets Miked Salad Seasoned Green Beans & Carrots Wheat Bread Wheat Bread Wheat Bread Wheat Bread Wheat Bread Wheat Bread Seasoned Wattermelon Craisins Mik, 1% or Fat Free Ketchup Ranch Dressing Ketchup Seasoned Green Beans & Carrots Wheat Bread Seasoned Wattermelon Craisins Mik, 1% or Fat Free Ketchup Nov - 11 Nov - 12 Nov - 13 Nov - 14 Nov - 15 Chicken Sandwich Seasoned Wattles Fresh Fruit Mik, 1% or Fat Free Ketchup Nov - 11 Nov - 12 Nov - 13 Nov - 14 Nov - 15 Chicken Sandwich Seasoned Wattles Fresh Fruit Mik, 1% or Fat Free Ketchup Ketchup Nov - 18 Nov - 19 Nov - 20 Nov - 21 Nov - 21 Nov - 22 Chicken Sandwich Salad Sandwich Mik, 1% or Fat Free Mik, 1% or Fat F			er 2024 Lunch		
Turkey & Cheese Sandwich Seasoned Tater Tots Celery Sticks Fresh Fruit Milk, 1% or Fat Free Milk, 1% or Fat Free Macaroni & Cheese Milk, 1% or Fat Free Milk, 1% or Fat Free Macaroni & Cheese Sandwich Seasoned Green Beans & Carrots Wheat Bread Watermelon Craisins Milk, 1% or Fat Free Milk, 1% or Fat Free Macaroni & Cheese Seasoned Waffles Fresh Fruit Mixed Fruit Wated Fruit Wated Fruit Mixed Fruit Wated Fruit Mixed Fruit Mi	Monday	Tuesday	Wednesday	Thursday	·
Chicken Nuggets Macaroni & Cheese Brown Rice Mixed Salad Seasoned Green Cherry Tomatoes Fresh Fruit Wheat Bread Milk, 1% or Fat Free Mov - 11 Nov - 11 Nov - 12 Chicken Sandwich Seasoned Waffles Fries Fries Seasoned Waffles Fries Cherry tomatoes Fries Fries Cherry tomatoes Seasoned Green Ranch Dressing Nov - 11 Nov - 12 Chicken Sandwich Seasoned Green Seans Seasoned Green Ranch Dressing Nov - 11 Nov - 12 Nov - 13 Nov - 14 Nov - 15 Chicken Sandwich Seasoned Green Seasoned Green Seasoned Green Seasoned Green Nov - 13 Nov - 14 Nov - 15 Chicken Sandwich Seasoned Waffles Fries Seasoned Green Seasoned Green Seasoned Green Seasoned Green Nov - 13 Nov - 14 Nov - 15 Chicken Fajita Taco Spanish Rice Spanish Rice Salad Sandwich Seasoned Green Milk, 1% or Fat Free Mil	Thanksgiving				Turkey & Cheese Sandwich Seasoned Tater Tots Celery Sticks Fresh Fruit Milk, 1% or Fat Free Ranch Dressing Ketchup
Macaroni & Cheese Mixed Salad Seasoned Green Cherry Tomatoes Fresh Fruit Wheat Bread Milk, 1% or Fat Free Milk, 1% or Fat Free Nov - 11 Nov - 12 Nov - 13 Nov - 14 Nov - 14 Nov - 15 Chicken Sandwich Seasoned Waffles Fries Fries Seasoned Green Normandy Vegetable Blend Seasoned Green Beans Garbanzo Beans Garbanzo Beans Milk, 1% or Fat Free Milk, 1% or Fat Free Nov - 11 Nov - 12 Nov - 13 Nov - 14 Nov - 15 Chicken Sandwich Seasoned Waffles Fries Seasoned Green Normandy Vegetable Milk, 1% or Fat Free Nov - 11 Nov - 12 Nov - 13 Nov - 14 Nov - 15 Chicken Sandwich Seasoned Waffles Fries Seasoned Green Garbanzo Beans Cherry tomatoes Garbanzo Beans Cherry tomatoes Fries Fruit Milk, 1% or Fat Free Ranch Dressing Mov - 19 Nov - 20 Nov - 21 Nov - 22 Cheese Burger Seasoned Fries Macaroni & Cheese Quesadilla Mashed Potatoes Green Beans Mov - Fresh Fruit Macaroni & Cheese Fresh Fruit Macaroni & Cheese Spanish Rice Green Beans Garbanzo Beans Milk, 1% or Fat Free Ranch Dressing Nov - 14 Nov - 20 Nov - 21 Nov - 22 Cheese Burger Seasoned Fries Macaroni & Cheese Quesadilla Mashed Potatoes Green Beans Garbanzo Beans Fresh Fruit Mi	Nov - 4	Nov - 5	Nov - 6	Nov - 7	Nov - 8
Nov - 11 Nov - 12 Nov - 13 Nov - 14 Nov - 15 Chicken Sandwich Seasoned Waffles Fries Cherry tomatoes Fresh Fruit Milk, 1% or Fat Free Ketchup Mayonnaise Ranch Dressing Nov - 18 Nov - 19 Nov - 10 Nov - 13 Nov - 13 Nov - 14 Nov - 14 Nov - 15 Chicken Fajita Taco Spanish Rice Spani	Macaroni & Cheese Mixed Salad Cherry Tomatoes Fresh Fruit Milk, 1% or Fat Free Ketchup	Brown Rice Seasoned Green Beans & Carrots Wheat Bread Peach slices	Noodles Normandy Vegetable Blend Garbanzo Beans Garlic Bread Stick Watermelon Craisins	Crispito Sweet Corn and Pepper Blend Seasoned Green Beans Pinto Beans Mixed Fruit cup	Mixed Salad Cucumber Slices Fresh Fruit Milk, 1% or Fat Free
Seasoned Waffles Fries Seasoned Green Cherry tomatoes Fresh Fruit Milk, 1% or Fat Free Ketchup Mayonnaise Ranch Dressing Nov - 18 Cheese Burger Seasoned Waffles Macaroni & Cheese Seasoned Green Beans & Carrots Mik, 1% or Fat Free Ketchup Mayonnaise Ranch Dressing Nov - 18 Nov - 19 Nov - 20 Nov - 20 Nov - 21 Nov - 22 Cheese Burger Seasoned Fries Cherry tomatoes Cherry tomatoes Cherry tomatoes Cherry tomatoes Fresh Fruit Macaroni & Cheese Seasoned Green Beans Mik Roll Mik, 1% or Fat Free Milk, 1% or Fat Free Ranch Dressing Nov - 20 Nov - 21 Nov - 22 Chicken/Cheese Quesadilla Mashed Potatoes Baby Carrots Cheese Pizza Baby Carrots Cucumber Slices Fresh Fruit Garbanzo Beans Hot Roll Fresh Fruit		Nov - 12			Nov - 15
Nov - 18 Nov - 19 Nov - 20 Nov - 21 Nov - 22 Cheese Burger Seasoned Fries Cherry tomatoes Fresh Fruit Nov - 19 Nov - 20 Nov - 21 Nov - 21 Nov - 22 Chicken/Cheese Quesadilla Quesadilla Spanish Rice Spanish Rice Black beans Nov - 21 Nov - 22 Cheese Pizza Mashed Potatoes Baby Carrots Cucumber Slices Fresh Fruit Fresh Fruit	Seasoned Waffles Fries Cherry tomatoes Fresh Fruit Milk, 1% or Fat Free Ketchup Mayonnaise	Macaroni & Cheese Seasoned Green Beans & Carrots Mixed Fruit Milk, 1% or Fat Free Ketchup	Normandy Vegetable Garbanzo Beans Hot Roll Peach slices	Spanish Rice Refried Beans Mixed Salad Mixed Fruit cup Milk, 1% or Fat Free Shredded Cheese	Salad Sandwich Baby Carrots Celery Sticks Fresh Fruit Milk, 1% or Fat Free
Seasoned Fries Macaroni & Cheese Quesadilla Mashed Potatoes Baby Carrots Cherry tomatoes Coleslaw Spanish Rice Garbanzo Beans Black beans Hot Roll Fresh Fruit	Nov - 18	Nov - 19	Nov - 20	Nov - 21	Nov - 22
Ketchup Ranch Dressing Mayonnaise Mixed Fruit cup Milk, 1% or Fat Free Milk, 1% or Fat Free Milk, 1% or Fat Free Mild Taco Sauce Milk, 1% or Fat Free Mild Taco Sauce	Seasoned Fries Cherry tomatoes Fresh Fruit Milk, 1% or Fat Free Ketchup Ranch Dressing Mayonnaise	Macaroni & Cheese Coleslaw Garbanzo Beans Hot Roll Mixed Fruit cup Milk, 1% or Fat Free	Quesadilla Spanish Rice Black beans Sweet Corn and Pepper Blend Peach slices Milk, 1% or Fat Free Mild Taco Sauce	Mashed Potatoes Green Beans Hot Roll Peaches, sliced	Baby Carrots Cucumber Slices Fresh Fruit Milk, 1% or Fat Free
Nov - 25 Nov - 26 Nov - 27 Nov - 28 Nov - 29					
Thanksgiving Break Thanksgiving				Thanksgiving Break	Thanksgiving Break

Menu subject to change.

This institution is an equal opportunity provider.