

Alief Montessori Community School
November 2024 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
 Nov - 4 Chicken Nuggets Macaroni & Cheese Mixed Salad Cherry Tomatoes Fresh Fruit Milk, 1% or Fat Free Ketchup Ranch Dressing	Nov - 5 Chicken & Gravy Brown Rice Seasoned Green Beans & Carrots Wheat Bread Peach slices Milk, 1% or Fat Free	Nov - 6 Chicken Alfredo Noodles Normandy Vegetable Blend Garbanzo Beans Garlic Bread Stick Watermelon Craisins Milk, 1% or Fat Free	Nov - 7 Chicken Cheese Crispito Sweet Corn and Pepper Blend Seasoned Green Beans Pinto Beans Mixed Fruit cup Milk, 1% or Fat Free	Nov - 1 Turkey & Cheese Sandwich Seasoned Tater Tots Celery Sticks Fresh Fruit Milk, 1% or Fat Free Ranch Dressing Ketchup Mayonnaise
				Nov - 8 Cheese Pizza Mixed Salad Cucumber Slices Fresh Fruit Milk, 1% or Fat Free Ranch Dressing
Nov - 11 Chicken Sandwich Seasoned Waffles Fries Cherry tomatoes Fresh Fruit Milk, 1% or Fat Free Ketchup Mayonnaise Ranch Dressing	Nov - 12 Fish Sticks Macaroni & Cheese Seasoned Green Beans & Carrots Mixed Fruit Milk, 1% or Fat Free Ketchup Tartar Sauce	Nov - 13 Stir Fry Noodles Normandy Vegetable Garbanzo Beans Hot Roll Peach slices Milk, 1% or Fat Free	Nov - 14 Chicken Fajita Taco Spanish Rice Refried Beans Mixed Salad Mixed Fruit cup Milk, 1% or Fat Free Shredded Cheese Mild Taco Sauce	Nov - 15 Turkey Ham, Egg Salad Sandwich Baby Carrots Celery Sticks Fresh Fruit Milk, 1% or Fat Free Ranch Dressing
Nov - 18 Cheese Burger Seasoned Fries Cherry tomatoes Fresh Fruit Milk, 1% or Fat Free Ketchup Ranch Dressing Mayonnaise	Nov - 19 Crispy Baked Chicken Macaroni & Cheese Coleslaw Garbanzo Beans Hot Roll Mixed Fruit cup Milk, 1% or Fat Free	Nov - 20 Chicken/Cheese Quesadilla Spanish Rice Black beans Sweet Corn and Pepper Blend Peach slices Milk, 1% or Fat Free Mild Taco Sauce	Nov - 21 Thanksgiving Turkey Mashed Potatoes Green Beans Hot Roll Peaches, sliced Milk, 1% or Fat Free	Nov - 22 Cheese Pizza Baby Carrots Cucumber Slices Fresh Fruit Milk, 1% or Fat Free Ranch Dressing
Nov - 25 Thanksgiving Break	Nov - 26 Thanksgiving Break	Nov - 27 Thanksgiving Break	Nov - 28 Thanksgiving Break	Nov - 29 Thanksgiving Break

Menu subject to change.

This institution is an equal opportunity provider.