

Alief Montessori Community School

October 2024 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct - 1 Grilled Cheese Sandwich Strawberry Applesauce Cup Fruit Punch 4oz Milk, 1% or Fat Free	Oct - 2 Mini Cinnamon Waffles Mixed Fruit Apple Juice 4oz Milk, 1% or Fat Free Syrup	Oct - 3 Turkey Sausage Biscuit Mixed Fruit cup Fruit Punch 4oz Milk, 1% or Fat Free	Oct - 4 Cheerios cereal Fresh Fruit Apple juice 4oz Milk, 1% or Fat Free
Oct - 7 Apple Filling Strudel Cantaloupe Chunks Apple Juice 4oz Milk, 1% or Fat Free	Oct - 8 Turkey Sausage Links With Toast Peach slices Fruit Punch 4oz Milk, 1% or Fat Free Grape Jelly	Oct - 9 Mini pancakes Mixed Fruit Apple Juice 4oz Milk, 1% or Fat Free Syrup	Oct - 10 Apple Jacks cereal Fresh Fruit Fruit Punch 4oz Milk, 1% or Fat Free	Oct - 11 Staff Development
	Oct - 15 Grilled Cheese Sandwich Strawberry Applesauce Cup Fruit Punch 4oz Milk, 1% or Fat Free	Oct - 16 Mini Cinnamon Waffles Mixed Fruit Apple Juice 4oz Milk, 1% or Fat Free Syrup	Oct - 17 Turkey Sausage Biscuit Mixed Fruit cup Fruit Punch 4 oz Milk, 1% or Fat Free	Oct - 18 Cheerios cereal Fresh Fruit Apple juice 4oz Milk, 1% or Fat Free
Oct - 21 Apple Filling Strudel Cantaloupe Chunks Apple Juice 4oz Milk, 1% or Fat Free	Oct - 22 Turkey Sausage Links With Toast Peach slices Fruit Punch 4oz Milk, 1% or Fat Free Grape Jelly	Oct - 23 Mini pancakes Mixed Fruit Apple Juice 4oz Milk, 1% or Fat Free Syrup	Oct - 24 Turkey Ham and Cheese Sandwich Peach slices Fruit Punch 4oz Milk, 1% or Fat Free	Oct - 25 Apple Jacks cereal Fresh Fruit Apple juice 4oz Milk, 1% or Fat Free
Oct - 28 Trix Cereal Pineapple Chunks Apple Juice 4oz Milk, 1% or Fat Free	Oct - 29 Grilled Cheese Sandwich Strawberry Applesauce Cup Fruit Punch 4oz Milk, 1% or Fat Free	Oct - 30 Mini Cinnamon Waffles Mixed Fruit Apple Juice 4oz Milk, 1% or Fat Free Syrup	Oct - 31 Turkey Sausage Biscuit Mixed Fruit cup Fruit Punch 4oz Milk, 1% or Fat Free	

Menu subject to change.

This institution is an equal opportunity provider.