Alief Montessori Community School October 2024 Breakfast

Monday	Tuesday	ODOF ZUZA Broaktas Wednesday	Thursday	Friday
	Oct - 1	Oct - 2	Oct - 3	Oct - 4
Contract State	Grilled Cheese	Mini Cinnamon Waffles	Turkey Sausage	Cheerios cereal
	Sandwich	Mixed Fruit	Biscuit	Fresh Fruit
	Strawberry Applesauce Cup	Apple Juice 4oz Milk, 1% or Fat Free	Mixed Fruit cup Fruit Punch 4oz	Apple juice 4oz Milk, 1% or Fat Free
	Fruit Punch 4oz	Syrup	Milk, 1% or Fat Free	Wilk, 1 % Of Fat Fiee
	Milk, 1% or Fat Free	Sylvap		
Oct - 7	Oct - 8	Oct - 9	Oct - 10	Oct - 11
Apple Filling Strudel	Turkey Sausage Links	Mini pancakes	Apple Jacks cereal	Staff Development
Cantaloupe Chunks	With Toast	Mixed Fruit	Fresh Fruit	
Apple Juice 4oz Milk, 1% or Fat Free	Peach slices Fruit Punch 4oz	Apple Juice 4oz Milk, 1% or Fat Free	Fruit Punch 4oz Milk, 1% or Fat Free	
Wilk, 176 of Fat Fiee	Milk, 1% or Fat Free	Syrup	Wilk, 170 Of Fat Fiee	
	Grape Jelly	5,1.4		
Oct - 14	Oct - 15	Oct - 16	Oct - 17	Oct - 18
	Grilled Cheese	Mini Cinnamon Waffles	Turkey Sausage	Cheerios cereal
3,922	Sandwich	Mixed Fruit	Biscuit	Fresh Fruit
SAN FERNAND2	Strawberry Applesauce Cup	Apple Juice 4oz Milk, 1% or Fat Free	Mixed Fruit cup Fruit Punch 4 oz	Apple juice 4oz Milk, 1% or Fat Free
INDIGENOUS	Fruit Punch 4oz	Syrup	Milk, 1% or Fat Free	17. OF 1 de 1 100
W 1 221 220 5A1	Milk, 1% or Fat Free			
Oct - 21	Oct - 22	Oct - 23	Oct - 24	Oct - 25
Apple Filling Strudel	Turkey Sausage Links	Mini pancakes	Turkey Ham and	Apple Jacks cereal
Cantaloupe Chunks	With Toast	Mixed Fruit	Cheese Sandwich	Fresh Fruit
Apple Juice 4oz	Peach slices	Apple Juice 4oz	Peach slices	Apple juice 4oz
Milk, 1% or Fat Free	Fruit Punch 4oz Milk, 1% or Fat Free	Milk, 1% or Fat Free Syrup	Fruit Punch 4oz Milk, 1% or Fat Free	Milk, 1% or Fat Free
	Grape Jelly	Сугир	Wilk, 170 Of Fat Free	
Oct - 28	Oct - 29	Oct - 30	Oct - 31	
Trix Cereal	Grilled Cheese	Mini Cinnamon Waffles	Turkey Sausage	
Pineapple Chunks	Sandwich	Mixed Fruit	Biscuit	
Apple Juice 4oz	Strawberry Applesauce	Apple Juice 4oz	Mixed Fruit cup Fruit Punch 4oz	
Milk, 1% or Fat Free	Cup Fruit Punch 4oz	Milk, 1% or Fat Free Syrup	Milk, 1% or Fat Free	
	Milk, 1% or Fat Free	ο _j , αρ	Time, 170 of 1 at 1100	
Menu subject to change. This institution is an equal opportunity provider.				

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