

Alief Montessori Community School
February 2024 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				
Feb - 3 Chicken Sandwich Seasoned Waffles Fries Cherry tomatoes Fresh Fruit Milk, 1% or Fat Free Ketchup Mayonnaise Ranch Dressing	Feb - 4 Fish Sticks Macaroni & Cheese Seasoned Green Beans & Carrots Mixed Fruit Milk, 1% or Fat Free Ketchup Tartar Sauce	Feb - 5 Stir Fry Noodles Normandy Vegetable Blend Garbanzo Beans Hot Roll Peach slices Milk, 1% or Fat Free	Feb - 6 Chicken Fajita Taco Spanish Rice Pinto Beans Mixed Salad Mixed Fruit cup Milk, 1% or Fat Free Shredded Cheese Mild Taco Sauce	Feb - 7 Mozzarella Cheese Sticks Baby Carrots Cucumber Slices Fresh Fruit Milk, 1% or Fat Free Ranch Dressing Marina Sauce
Feb - 10 Cheese Burger Seasoned Fries Cherry tomatoes Fresh Fruit Milk, 1% or Fat Free Ketchup Ranch Dressing Mayonnaise	Feb - 11 Crispy Baked Chicken Mashed Potatoes Coleslaw Baked Beans Hot Roll Mixed Fruit cup Milk, 1% or Fat Free	Feb - 12 Chicken/Cheese Quesadilla Spanish Rice Black beans Sweet Corn and Pepper Blend Strawberry Applesauce Milk, 1% or Fat Free Mild Taco Sauce	Feb - 13 Turkey & Cheese Sandwich Seasoned Tater Tots Celery Sticks Fresh Fruit Milk, 1% or Fat Free Ranch Dressing Ketchup Mayonnaise	Feb - 14 Staff Development Day
Feb - 17 	Feb - 18 Chicken Nuggets Seasoned Fries Mixed Salad Cherry tomatoes Fresh Fruit Milk, 1% or Fat Free Ketchup	Feb - 19 Chicken Alfredo Noodles Normandy Vegetable Blend Garbanzo Beans Garlic Bread Stick Watermelon Craisins Milk, 1% or Fat Free	Feb - 20 Chicken Cheese Crispito Spanish Rice Sweet Corn and Pepper Pinto Beans Mixed Fruit cup Milk, 1% or Fat Free	Feb - 21 Cheese Pizza Mixed Salad Cucumber Slices Fresh Fruit Milk, 1% or Fat Free Ranch Dressing
Feb - 24 Cheese Burger Seasoned Fries Cherry tomatoes Mixed Salad Fresh Fruit Milk, 1% or Fat Free Ketchup Ranch Dressing Mayonnaise	Feb - 25 Fish Sticks Macaroni & Cheese Seasoned Green Beans & Carrots Mixed Fruit Milk, 1% or Fat Free Ketchup Tartar Sauce	Feb - 26 Chicken/Cheese Quesadilla Spanish Rice Black beans Sweet Corn and Pepper Blend Strawberry Applesauce Milk, 1% or Fat Free Mild Taco Sauce	Feb - 27 Turkey Lasagna Garbanzo Beans Mixed Salad Watermelon Craisins Garlic Bread Stick Milk, 1% or Fat Free	Feb - 28 Turkey & Cheese Sandwich Seasoned Tater Tots Celery Sticks Fresh Fruit Milk, 1% or Fat Free Ranch Dressing Ketchup Mayonnaise

Menu subject to change.

This institution is an equal opportunity provider.